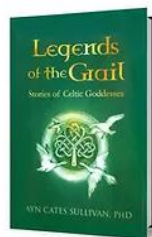


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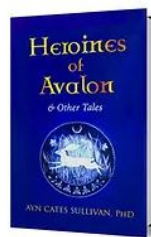
## Catalogue Autumn 2020



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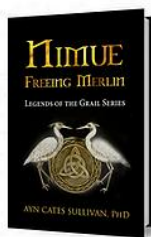
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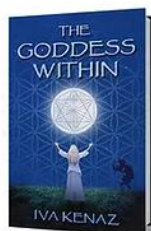
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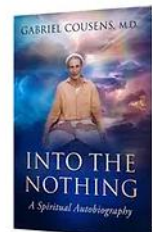
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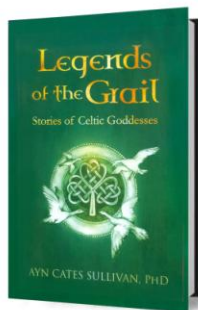


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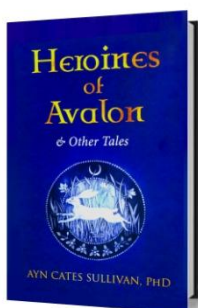
**Legends of the Grail** is a collection of ancient Irish myths, and the missing or untold stories of Goddesses told in first person. I begin the book by thanking my husband John Patrick Sullivan, who not only encouraged me to find my inner Goddess, but who found and integrated his own divine feminine. So this is not just a book for women, but also a book for all people seeking love and wholeness. *When each Goddess re-tells her story, she frees herself of centuries of misunderstanding, and you are invited to take a journey of self discovery.*

In the book I offer practices that can allow us to untangle and free ourselves of stories that no longer serve us. We have the opportunity to align with the Grail, a symbol of our wholeness, our personal essence. The Goddesses remind us that we each have an unquenchable fire inside. [To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

Legends of the Grail	Hardcover	978-0988453791	26.95	9"x7" Portrait
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**Heroines of Avalon** includes a round table of inspiring women, including well-known Welsh deities and almost forgotten Arthurian female Grail Knights and landscape Goddesses. In this collection of British myths and legends, each heroine re-tells her story. These feisty women are inspiring role models. The purpose of the book (and the entire Legends of the Grail series) is to help women and men remember their wholeness.

The book also includes practices that can help the reader journey to the deity and integrate the heroine's life affirming qualities. This is the second volume in the "Legends of the Grail" series, which focuses on the Grail as Goddess. The series is designed to help us restore and embrace the qualities of the feminine that have been lost in most cultures and religions. It is a book that invites wholeness and peace. Helping us to heal both individually and collectively, so the planet can be restored. [To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

Heroines of Avalon	Hardcover	978-1947925045	26.95	9"x7" Portrait
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**Heroines of Avalon** includes a round table of inspiring women, including well-known Welsh deities and almost forgotten Arthurian female Grail Knights and landscape Goddesses. In this collection of British myths and legends, each heroine re-tells her story. These feisty women are inspiring role models. The purpose of the book (and the entire Legends of the Grail series) is to help women and men remember their wholeness.

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**Author:**  
**Ayn Cates Sullivan**

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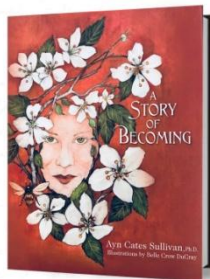


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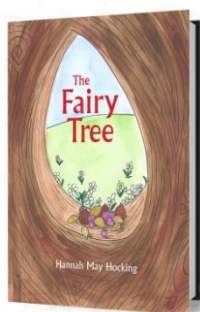
**A Story of Becoming.** A young seed germinates in the forest before unfurling and finding her way through the rich dark soil of the earth. As she becomes a young seedling she stretches toward the sunlight, wondering what she will someday become. Nourished by the dewdrops, she grows in anticipation of the possibilities hidden within her. While still slight, some of her leaves and branches are eaten by animals. Despite the setback, she grows and matures until one day she discovers her purpose . . . she is an apple tree. She delights in being an apple tree; but over time she continues to encounter hardships, some of which are seemingly insurmountable. This is an enlightening tale of self-discovery and realization, brilliantly depicted through the life and lens of an apple seed as it journeys through the wondrous yet sometimes painful experience of existence. Coupled with soulful, hand drawn illustrations of great beauty and depth, it will captivate the heart and touch the soul of both children and adults alike.

[To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

A Story of Becoming	Hardcover	978-0988453722	25	11"x8" Portrait
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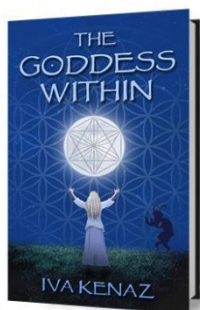
**The Fairy Tree By Hannah May Hocking.** This is a story about "Daisy" who discovers a magical tree in her garden and the tale behind it. She learns that no matter how lost or in the dark you are, there will always be a ray of light to guide you home. Hannah was inspired to write and illustrate this book after she became unwell, in and out of hospital, unable to leave the house so her garden became her sanctuary. Hannah imagined a gateway to another world through a hole in a tree at the bottom of her garden. A world where fairies wanted to help us. From that moment she named it the Fairy Tree and began to write the story in this book. She wanted people to know that even at the most scary and darkest times in one's life, if you take a breath and look around you, you will see there is always a tiny ray of light that will guide you to where you need to be.

[To buy the book click here](#)



**Author:**  
**Hannah May Hocking**

Fairy Tree	Hardcover	978-1947925090	13.99	11"x8" Portrait
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**Hardcover \$29.99**  
**Paperback \$17.99**

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**The Goddess Within** is a fantasy novel set in 16th century Italy. Raised by her hermit father in the wild, secluded from human society, Berka grows into womanhood. At the dawn of her fifteenth summer she meets a faun, a being from a different realm. The two are instantly drawn to each other, but their secret meetings are soon disturbed by the arrival of a group of bandits. The threat intensifies when the group's leader establishes an alliance with spirits from the shadowlands. Berka's father comes up with an escape plan, but hesitant to leave the land she loves, she realizes she must find a way to face the inevitable peril. Berka soon learns her true origins and understands why she is so drawn to the otherworld. In this journey of self-discovery, Berka learns to embrace the powerful aspects of her divine feminine as well as the inseparable bond to the masculine. This is a powerful read for young women who wish to understand their True Nature. [To buy the book click here](#)



**Author:**  
**Iva Kenaz**

The Goddess Within	Hardcover	978-1947925274	29.99	9"x7" Portrait
The Goddess Within	Paperback	978-1947925281	17.99	9"x7" Portrait



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**Sparkle and the Gift.** This book is a timeless fairy tale for children of all ages. Sparkle and the Gift is about a little girl who decides not to forget who she is, a radiant being of Light. Sparkle's remarkable determination is contagious.

She takes her mother, Alice, outdoors to align with the natural world and to remember that the Light is everyone's friend. Alice is then inspired to tell the parable of "Kachina's Gift," a charming fable that reminds us that everything we need is already within us. An uplifting story to read again and again.

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**Author:**  
**Ayn Cates Sullivan**

Sparkle & the Gift	Hardcover	978-0997046731	19.99	8"x11" Landscape
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**Hardcover**  
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**Kachinas Rose** Have you ever listened closely to the song that lives in your heart? Fairies know the healing sounds that help us thrive. In this Sparkle Fairy Tale, Kachina comes out of the forest and finds the human world to be very strange. In order to help bring life back into harmony, the fairy co-creates a magical healing rose. A gardener sees the rose and takes it to his wife—with surprising results. Follow Kachina to discover the song that lives in your heart.

**Easy Reader:** Kachina's Rose is a 32 page and 1,000 word industry standard children's book (ages 4-8) with a magical tale sure to delight children of all ages. This book is intended to be read by children, as parents read alongside the longer version of the book "Sparkle & The Gift". All six of the Sparkle books can be collected for a wonderful fairy tale experience. [To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

Kachina's Rose	Hardcover	978-1947925120	17.99	8.5"x8.5" Square
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**Hardcover**  
**\$19.99**

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**Sparkle & The Light**, the second book in the internationally award-winning Sparkle series, brings back the lovable character of Sparkle, with two new delightful stories for children and adults alike.

These positive tales and uplifting messages are intended as a celebration for the soul. Sparkle & The Light invites us to find well-being within our own true nature.

The second story within the book addresses the issue of bullying and offers insight on how to live from a place of truth regardless of the views of others. The uplifting characters remind us that we are all unique and that we must never be afraid of sharing our light with the world. [To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

Sparkle & The Light	Hardcover	978-0988453708	19.99	8"x11" Landscape
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**Hardcover**  
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**Ella's Magic** is a celebration of the uniqueness within each of us. This is story of a young girl named Ella, who has a special secret. When she becomes curious, a light shines out of her forehead. She also has the ability to fly into the other worlds, consciously dreaming in other times and places. Ella goes on a quest to find out why this happens to her, only to discover it is a true gift. All is well until the kids at school realize she is different.... This is an excellent book to help young children understand bullying, and to accept the uniqueness of their friends, as well as their own special gifts.

**Easy Reader:** Kachina's Rose is a 32 page children's book (ages 4-8). This book is intended to be read by children, as parents read alongside the longer version of the book "Sparkle & The Gift". All six of the Sparkle books can be collected for a wonderful fairy tale experience. [To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

Ella's Magic	Hardcover	978-1947925298	17.99	8.5"x8.5" Square
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**Hardcover**  
**\$24.99**

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## Sparkle & The Dragon Awakeners

A scratch on the backdoor looks like it has been made with large claws. Sparkle's parents are worried, but send her off to be with her grandparent's who live in the Appalachian mountains. Reading an old dusty book, Sparkle realizes that she is one of the Dragon Awakeners who secretly restore life to Mother Earth in times of need.

**Hardcover | 8"x11" Landscape**

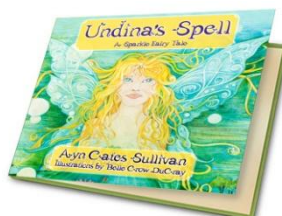
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**Author:**  
**Ayn Cates Sullivan**

Sparkle & Dragon Awakeners	Hardcover	978-1947925359	24.99	8"x11" Landscape
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**Hardcover**  
**\$29.99**

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**Undina's Spell** is a nature spirit who places a spell on a young girl so that Eva can travel into the Inner World of dreams to find and heal Mother Earth. Eva bravely sets forth on a heroine's journey riding a white stag to a magical cave and then faces a dragon. Falling even more deeply into the Inner World, Eva begins to understand what is missing and what can be done about it. A story of hope and transformation, "Undina's Spell" reminds us that healing the world begins with forging unexpected friendships. "Undina's Spell" is for anyone on a hero or heroine's journey

**Easy Reader:** Undina's Spell is a 32 page children's book (ages 4-8). This book is intended to be read by children, as parents read alongside the longer version of the book "Sparkle & The Gift". All six of the Sparkle books can be collected for a wonderful fairy tale experience. [To buy the book click here](#)



**Author:**  
**Ayn Cates Sullivan**

Undinas Spell	Hardcover	978-1947925328	19.99	8.5"x8.5" Square
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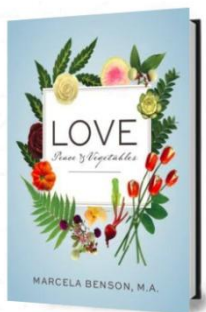


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**Peace, Love & Vegetables** is an exquisitely designed book, which includes lifestyle advice, mystical poetry, inspiration, tips, menus and over 150 Live-Food and Vegan recipes. Spiritual nutrition counselor, Marcela Benson, demonstrates how to create delicious, healthy and balanced meals that can heal us from the inside out and change our lives for the better.

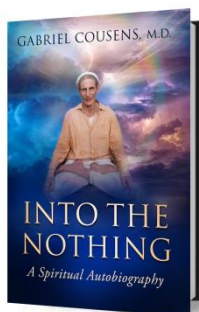
This life-changing book includes stunning artwork by Balinese painter, Made Griyawan, and full-color food photography by Ira Rodriguez that brings Marcela's recipes to life. This book is a celebration of compassion, love and peace.

[To buy the book click here](#)



**Author:**  
**Marcela Benson**

Peace, Love & Vegetables	Hardcover	978-1947925229	99.99
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The book takes us through the unique process of classical spiritual awakening and liberation in several paths, including Yoga and Torah-Kabbalistic traditions, and also his experiences in the Lakota Sundance, Eagle Dance and Spirit Dance.

It includes Dr. Cousens' unique teachings of spiritual nutrition, and the Six Foundations and Sevenfold-Peace, that creates a natural way of living that leads to the Holistic Liberation Way. [To buy the book click here](#)



**Author:**  
**Gabriel Cousins**

Into The Nothing	Paperback	978-0997046724	19.50	9"x7" Portrait
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